

2025 Festival of Psychology I An APS Members' Symposium

Click on each session tile for further information.

**Please note the following festival program is subject to further development and change.*

[Visit the festival website for more event details](#)

Friday, May 16, 2025

	Stream A (Level 1)	Stream B (Level 1)	Stream C (Level 1)	Stream D (Level 1)
10:00 AM - 12:00 PM	Registration opens Arrival networking Light lunch served			
12:00 PM - 1:30 PM	Session P1 Day 1 Opening Plenary Keynote Presentation 1 Welcome to Country , Official Welcome from APS President and CEO , Keynote Presenter Professor Martine Powell			
1:30 PM - 2:00 PM	Afternoon Tea Self service snacks and beverages available in the trade exhibition			
	Interventions for Psychological Disorders and Problems	Training Pathways/Professional Practice	Interventions for Psychological disorders and problems & Inclusion/Culture/Diversity	Building Healthy Workplaces
2:00 PM - 3:00 PM	Session A1 Supporting children in distress and their families Dr Lyn O'Grady (60mins)	Session B1 Ecotherapy in Action: Perspectives & Practices in Psychology Sue Jakes, Andi Dickmeyer, Mauro Vieira (60 mins)	Session C1 Keeping Men in Mind: Understanding and responding to men's distress and suicidality in care Zac Seidler (60 mins)	Session D1 Brick by Brick: Building Cognitive Hardiness to Cope with Stress at Work Dr Sherrica Senewiratne (60 mins)
3:00 PM - 3:15 PM	Pause and Refresh 1 Self service snacks and beverages available in the trade exhibition			
3:15 PM - 4:15 PM	Session A2 Working with Collective and Transpersonal Trauma: Dilemmas and Approaches Dr Peter Streker (60 mins)	Session B2 Learn to do, Do to Learn: Experiential Education in Expressive Therapies Ms Jacki Short (60 mins)	Session C2 Could it be an Eating Disorder? The Reality of Diverse ED Presentations Dr Francesca Beilharz, Janet Lowndes (60 mins)	Session D2 - Experiences of Australian Lived Experience (Peer) Workers: Interprofessional Practice Considerations for Psychologists Dr Imogen Rehm (30 mins) - PANEL DISCUSSION - Helping frontline and emergency support workers maintain wellbeing: APS Disaster Response Network Dr Carolyn Deans, Stuart Le Marseny, Lynne McCormack, Lynette Page (30 mins)
4:15 PM - 4:30 PM	Pause and Refresh 2 / Move to Arena for closing Plenary Self service snacks and beverages available in the trade exhibition			
4:30 PM - 5:30 PM	Session P2 Day 1 Closing Plenary Keynote Presentation 2 Keynote Presenter Professor Adam Guastella			
5:30 PM - 7:00 PM	Welcome reception			

	Stream E (Level1)	Stream F (Ground)	Stream G (Ground)
10:00 AM - 12:00 PM	Registration opens Arrival networking Light lunch served		
12:00 PM - 1:30 PM	Session P1 Day 1 Opening Plenary Keynote Presentation 1 Welcome to Country , Official Welcome from APS President and CEO , Keynote Presenter Professor Martine Powell		
1:30 PM - 2:00 PM	Afternoon Tea Self service snacks and beverages available in the trade exhibition		

	Technology and Psychology	Perspectives in Psychology	Career Pathways and Progress
2:00 PM - 3:00 PM	<u>Session E1</u> - <u>A pilot RCT of apps based on EMDR for PTSD symptoms Dr Mark Grant (30 mins)</u> - <u>Mindful Tech: RCT Comparing Modalities for Remote Mindfulness Intervention Delivery to Students Dale Rowland, Mandy Cassimatis, Shirley Morrissey (30 mins)</u>	<u>Session F1</u> - <u>Why Do Vulnerable Narcissists Believe Conspiracies?: The Potential Role of Social Motivations Grace Ma (20 mins)</u> - <u>Exploring the cross-cultural suitability of Schema Therapy: Implications for culturally-responsive practice Irene Martin (20 mins)</u> - <u>The QuickSort: A briefer cognitive screen to detect cognitive impairment in older adults Amie Foran (20 mins)</u>	<u>Session G1</u> - <u>Cultivating Mental Wellness in the Modern Workplace Livia Cremona-Bellizia (20 mins)</u> - <u>Life after Registration: The first steps in a long career journey Aaron Frost, Ann Lord, Kylie Henderson (40 mins)</u>
3:00 PM - 3:15 PM	<u>Pause and Refresh 1</u> <u>Self service snacks and beverages available in the trade exhibition</u>		
		.Career pathways and progress	Career pathways and progress.
3:15 PM - 4:15 PM	<u>Session E2</u> - <u>The Impact of Artificial Intelligence on Adolescent Psychological Adaptations Ayah Wasak (30 mins)</u> - <u>How measurement-based care will advance psychology: The coming AI wave Dr Ben Buchanan (30 mins)</u>	<u>Session F2</u> - <u>Widening participation across the undergraduate psychology program (internships and international students) Samantha Newell (20mins)</u> - <u>Educational Psychology: Training Pathways and Professional Practice Differences in New Zealand. Willow Sainsbury (20mins)</u> - <u>Longitudinal Psych Success Omar Afouni & Kanny Hannah (20mins)</u>	<u>Session G2</u> - <u>Using process-based approaches to make the most of your supervision experience. Toni Lindsay (60 mins)</u>
4:15 PM - 4:30 PM	<u>Pause and Refresh 2 / Move to Arena for closing Plenary</u> <u>Self service snacks and beverages available in the trade exhibition</u>		
4:30 PM - 5:30 PM	<u>Session P2 Day 1 Closing Plenary Keynote Presentation 2</u> <u>Keynote Presenter Professor Adam Guastella</u>		
5:30 PM - 7:00 PM	<u>Welcome reception</u>		

Saturday, May 17, 2025

	Stream A (Level 1)	Stream B (Level 1)	Stream C (Level 1)	Stream D (Level 1)
8:00 AM - 8:45 AM	<u>AON Sponsored breakfast Session</u> <u>Protecting the healthcare sector against Cyber Risk</u>			
8:00 AM - 8:50 AM	<u>Day 2 Registration open / Arrival networking</u>			
8:50 AM - 10:00 AM	<u>Session P3 Day 2 Opening Plenary Keynote Presentation 3</u> <u>Keynote Presenter Dr. Michael Yapko</u>			
10:00 AM - 10:30 AM	<u>Day 2 Morning tea</u>			
	.Interventions for Psychological Disorders and Problems	.Training Pathways/Professional Practice	.Inclusion/Culture/Diversity	Advancing Psychological Assessment
10:30 AM - 11:30 AM	<u>Session A3</u> <u>Psychological impacts and suggested interventions for people living with Long COVID Dr Kerrie Clarke (60 mins)</u>	<u>Session B3</u> <u>Are you Listening More? Embedding cultural safety in psychological supervision Belle Selkirk, Mary Goslett (60 mins)</u>	<u>Session C3</u> <u>- Understanding and Working with Trauma & Grief in Autistic and ADHD Individuals Liam Spicer (30 mins)</u> - <u>The intersection of neurodivergence and chronic illness Bianca Comfort (30 mins)</u>	<u>Session D3 WORKSHOP</u> <u>- Beyond IQ Scores: Case studies, Cognitive Assessment Observation Checklist, recommendation menu, Q&A Lydia Meem (60 mins)</u>
11:30 AM - 11:45 AM	<u>Pause and Refresh 3</u> <u>Self service snacks and beverages available in the trade exhibition</u>			

				Technology & Psychology
11:45 AM - 12:45 PM	Session A4 - The psychological journey of adjustment following the diagnosis of vision impairment Dr Sau Kuan Cheong (30 mins) - Working with families living with craniofacial conditions to improve support for wellbeing Prof Rachel Roberts (30 mins)	Session B4 - Demystifying deliberate practice: Practical guide for supervisors and supervisees on skills development Dr Aaron Frost (60 mins)	Session C4 - Mental Health, Adversity, and Neurocognitive Development in Transgender Youth: Insights from Population-Representative Studies Douglas Russell (20 mins) - Promoting Sexual Wellness in Sexually Diverse People Daniel Brown, Hilary Lindberg, Rachelle Abraham (20 mins) - Australian psychologists' responses to clients presenting with gender reassignment-related concerns Terence Bartholomew (20 mins)	Session D4 Sponsored Session Cyber Security and Safeguarding Business Harvey Norman Technology for Small Business Rutland Smith (60 mins)
12:45 PM - 1:45 PM	Day 2 Lunch			
				Professional Practice / Advancing Psychological Assessment
1:45 PM - 2:45 PM	Session A5 - Neuropsychologically informed interventions in Primary Progressive Aphasia Dr Sharon Savage (30 mins) - Advancing grief treatment: Results from a wait-list controlled trial of IADC Therapy Dr Tom Nehmy (30 mins)	Session B5 - Assessment of parenting capacity for legal purposes Dr Don Tustin (40mins) - Teaching and learning to write quality psychology reports in a disability service Dr Julie Hepworth (20mins)	Session C5 WORKSHOP (Part 1 of 2) Understanding the Autistic "Spiky Profile" to Deliver Effective and Affirming Therapy Jennifer Kemp (60 mins)	Session D5 - The journey from domestic violence victim to corporate thriver: A psychological framework Zuraida Dada (30 mins) (VIRTUAL PRESENTATION) - Towards an integrative and adaptive digital mental health assessment for Australian adults Zhao Koh (30 mins)
2:45 PM - 3:00 PM	Day 2 Afternoon tea			
3:00 PM - 4:00 PM	Session A6 Mastering Mindfulness-Based CBT-I: Advanced Techniques for Insomnia Treatment Dr Giselle Withers, Associate Professor Melinda Jackson, Dr Allie Peters (60 mins)	Session B6 - Community Psychology in Australia - what is its future? Dr Lyn O'Grady, Dr Nicole Curtin (20 mins) - Managing a prison and a jail as a psychologist: Successes and failures Dr Astrid Birgden (20 mins) - Retiring gracefully: Details, debates and decisions Dr Chris Lennings (20 mins)	Session C6 WORKSHOP (Part 2 of 2) Understanding the Autistic "Spiky Profile" to Deliver Effective and Affirming Therapy Jennifer Kemp (60 mins)	Session D6 - Overcoming challenges in accessing psychoeducational assessment through online assessment at SPELD Qld. Dr Jane Wotherspoon, Michelle-Ann Noppe (30 mins) - Australian School Psychologists' Risk Assessment Self-Efficacy Cate Rushan (30 mins)
4:00 PM - 4:15 PM	Pause and Refresh 4 / Move to Arena for closing Plenary Self service snacks and beverages available in the trade exhibition			
4:15 PM - 5:00 PM	Session P4 Day 2 Closing Plenary Keynote Presentation 4 Keynote Presenter Professor Emily Holmes (VIRTUAL PRESENTATION)			

	Stream E (Leavel 1)	Stream F (Ground)	Stream G (Ground)
8:00 AM - 8:45 AM	AON Sponsored breakfast Session Protecting the healthcare sector against Cyber Risk		
8:00 AM - 8:50 AM	Day 2 Registration open / Arrival networking		
8:50 AM - 10:00 AM	Session P3 Day 2 Opening Plenary Keynote Presentation 3 Keynote Presenter Dr. Michael Yapko		
10:00 AM - 10:30 AM	Day 2 Morning tea		
	.Technology and Psychology	Professionalism; Integrity in Practice; Working in Courts	

10:30 AM - 11:30 AM	Session E3 - Bridging the Gap with AI: Revolutionising Mental Health Care Through Digital Innovation Sally-Anne McCormack, Kiera Macdonald (30 mins) - Maximizing Psychotherapy Impact Using Neury@: A Neurocognitive Skills-Based Measured Training Via MobileApp Dr Stephen Wolfson (30 mins)	Session F3 - (PART 1) Psychologists in Court: Writing your report and giving evidence Chris Kozar, Elizabeth Treston , Professor Katarina Fritzon, Dr Michael Davis, Joseph Rowley (60 mins)	Session G3 WORKSHIOP - (PART 1) Mastering the Complexities of Assessment in developing a Rich and Meaningful Formulation and Treatment Plan in Relationship Therapy Patricia Purnell - Webb & John Flanagan (60 mins)
11:30 AM - 11:45 AM	Pause and Refresh 3 Self service snacks and beverages available in the trade exhibition		
11:45 AM - 12:45 PM	Session E4 - AI automation of psychological services delivery by robots Dr Tony Florio (30 mins) - Will A.I. transform human connections. A global perspective by a psychologist Bill Campos (30mins)	Session F4 - (PART 2) Psychologists in Court: Writing your report and giving evidence Chris Kozar & Elizabeth Treston, Chris Kozar and Elizabeth Treston , Professor Katarina Fritzon, Dr Michael Davis, Joseph Rowley (60 mins)	Session G4 WORKSHOP - (PART 2) Mastering the Complexities of Assessment in developing a Rich and Meaningful Formulation and Treatment Plan in Relationship Therapy Patricia Purnell - Webb & John Flanagan (60 mins)
12:45 PM - 1:45 PM	Day 2 Lunch		
	.Building Healthy Workplaces	Interdisciplinary Panel Discussion	
1:45 PM - 2:45 PM	Session E5 Increasing Cultural Intelligence (CQ) to Foster Workplace Inclusion and Community Cohesion Trisha Carter and Hanlie van Wyk (60 mins)	Session F5 PANEL DISCUSSION - Diagnosis: do we still need it? (CHAIR) Chelsea Hyde (PANELLISTS) Camelia Wilkinson, Kathryn Kallady, Kelly Gough , Cat Bishop, Patty Shaw (60 mins)	Session G5 WORKSHOP -(PART 1) Psychotherapy and Reflective Practice Supervision: Advanced Professional Practice and Therapeutic Techniques Tania Kalkidis (60 mins)
2:45 PM - 3:00 PM	Day 2 Afternoon tea		
	Professional Practice	Enhancement of Therapeutic Outcomes	
3:00 PM - 4:00 PM	Session E6 - Integrating lived experience of disability with modern psychology practice Liel Bridgford (30 mins)	Session F6 - Re-discovering Hypnosis Again... for the First Time Dr. Michael Yapko Ph.D (60 mins)	Session G6 WORKSHOP -(PART 2) Psychotherapy and Reflective Practice Supervision: Advanced Professional Practice and Therapeutic Techniques Tania Kalkidis (60 mins)
4:00 PM - 4:15 PM	Pause and Refresh 4 / Move to Arena for closing Plenary Self service snacks and beverages available in the trade exhibition		
4:15 PM - 5:00 PM	Session P4 Day 2 Closing Plenary Keynote Presentation 4 Keynote Presenter Professor Emily Holmes (VIRTUAL PRESENTATION)		

Sunday, May 18, 2025

	Stream A (Level 1)	Stream B (Level 1)	Stream C (Level 1)	Stream D (Level 1)
8:00 AM - 8:30 AM	Day 3 Registration open / Arrival networking..			
8:30 AM - 10:00 AM	Session P5 Day 3 Opening Plenary Keynote Presentation 5 - Invited Speaker Dr Amanda Clinton Senior Director, Office of International Affairs, American Psychological Association - Keynote Presenter Dr Judith Beck (VIRTUAL PRESENTATION)			
10:00 AM - 10:30 AM	Day 3 Morning tea			
	Interventions for Psychological Disorders and Problems.	.Interventions for Psychological Disorders and Problems.	Interventions for Psychological Disorders and Problems.	.Inclusion/Culture/Diversity.

10:30 AM - 11:30 AM	Session A7 - APS Executive Update & Future Directions Dr Sara Quinn, President APS & Dr Zena Burgess, CEO, APS (30 mins) - Integrating EMDR and Schema Therapy: Combining the Power of these Transdiagnostic Psychotherapies Liam Spicer (30 mins)	Session B7 WORKSHOP (Part 1 of 2) Beyond Betrayal: Repairing Attachment Injuries in Close Relationships Using Emotionally Focused Therapy Clare Rosoman (60mins)	Session C7 - From climate anxiety to solastasia and everything in between: understanding climate emotions Gabriela Stilita (30 mins) - Utilising the evidence from lifestyle medicine to boost and maintain mental health Mark Anns (30 mins)	Session D7 WORKSHOP (Part 1 of 3) Enhancing Culturally Safe and Sensitive Practice Prof Nigar Khawaja (60 mins)
11:30 AM - 11:45 AM	Pause and Refresh 5 Self service snacks and beverages available in the trade exhibition			
			.Inclusion/Culture/ Diversity.	
11:45 AM - 12:45 PM	Session A8 Three strategies from EMDR which will enhance your practice Mark Grant (60 mins)	Session B8 WORKSHOP (Part 2 of 2) Beyond Betrayal: Repairing Attachment Injuries in Close Relationships Using Emotionally Focused Therapy Clare Rosoman (60 mins)	Session C8 - Improving Student Curiosity: Comparison Of Three Pedagogical Approaches Prof Nadira Pardo (30 mins) - Supporting Autistic Students: Development and evaluation of neurodiversity affirming course for teachers Lydia Meem (30 mins)	Session D8 WORKSHOP (Part 2 of 3) Enhancing Culturally Safe and Sensitive Practice Prof Nigar Khawaja (60 mins)
12:45 PM - 1:45 PM	Day 3 Lunch break			
1:45 PM - 2:45 PM	Session A9 - Improving wellbeing through interprofessional collaboration: Collaborating with Complementary and Integrative Health Practitioners Carrie Thomson-Casey (20mins) - Dementia risk reduction through a Community Healthy Ageing Initiative (CHAI) Sharon Savage (20mins)	Session B9 PANEL DISCUSSION I love my therapy model, and I'll spice it up with others! Ruth Holt, Trish Pumell-Webb., Dr Clare Rosoman (60mins)	Session C9 Unpacking and Addressing Internalised Ableism towards Autistic Individuals: A Collaborative Self-Reflective Session Liam Spicer, Monique Mitchelson (60 mins)	Session D9 WORKSHOP (Part 3 of 3) Enhancing Culturally Safe and Sensitive Practice Prof Nigar Khawaja (60 mins)
2:45 PM - 3:00 PM	Pause and Refresh 5/ Move to Arena for final Plenary			
3:00 PM - 4:00 PM	Session P6 Day 3 Closing Plenary Keynote Presentation 6 Keynote Presenter Trish Pumell-Webb			

	Stream E (Level 1)	Stream F (Ground)	Stream G (Ground)
8:00 AM - 8:30 AM	Day 3 Registration open / Arrival networking..		
8:30 AM - 10:00 AM	Session P5 Day 3 Opening Plenary Keynote Presentation 5 - Invited Speaker Dr Amanda Clinton Senior Director, Office of International Affairs, American Psychological Association - Keynote Presenter Dr Judith Beck (VIRTUAL PRESENTATION)		
10:00 AM - 10:30 AM	Day 3 Morning tea		
	Interventions for Psychological Disorders and Problems.	Training pathways / professional practice	
10:30 AM - 11:30 AM	Session E7 WORKSHOP (Part 1 of 2) Forensic disability clients: Positive Behaviour Support and the Good Lives Model Dr Astrid Birgden, Dr Christina Kozar, Dr Frank (60mins)	Session F7 WORKSHOP - (PART 1) The Four Pillars of Private Practice: the Get it Done Implementation Kaye Franckom & Aaron Frost (60mins)	Session G7 Exploring the Role of Complex Trauma and the Need for Therapeutic Adaptations in Autistic And ADHD Individuals Ozgur Yalcin (60mins)
11:30 AM - 11:45 AM	Pause and Refresh 5 Self service snacks and beverages available in the trade exhibition		

11:45 AM - 12:45 PM	<u>Session E8 WORKSHOP (Part 2 of 2) Forensic disability clients: Positive Behaviour Support and the Good Lives Model Dr Astrid Birgden, Dr Christina Kozar, Dr Frank (60mins)</u>	<u>Session F8 WORKSHOP -(PART 2) The Four Pillars of Private Practice: the Get it Done Implementation Kaye Franckom & Aaron Frost (60 mins)</u>	<u>Session G8 - Action orientated anxiety techniques for neurodivergent and neurotypical young people Natalie Rinehart (60 mins)</u>
12:45 PM - 1:45 PM	Day 3 Lunch break		
	Inclusion /Culture/Diversity.	Inclusion and Diversity/ Culture perspectives / Neurodiversity	.Advancing Psychological Assessment.
1:45 PM - 2:45 PM	<u>Session E9 - Help-seeking: The voice of young rural males disengaged from education Julie Clarke (20 mins) - Safety and wellbeing risks for gender diverse young people disengaged from school Dr Jamie Lee (20mins) - The real lives of professional working mothers with young children Afrouz Shoghi (20mins)</u>	<u>Session E9 - Veterans Psychology - understanding and working with veteran populations in private practice Nadia Teong, Michelle McInnes, Kirsti Claymore (60 mins)</u>	<u>Session G9 - Novel Psychological Instrument for Measuring Mental Toughness and Implications for PsyCap Jennifer Dorling (30 mins)</u>
2:45 PM - 3:00 PM	<u>Pause and Refresh 5/ Move to Arena for final Plenary</u>		
3:00 PM - 4:00 PM	<u>Session P6 Day 3 Closing Plenary Keynote Presentation 6</u> <u>Keynote Presenter Trish Purnell-Webb</u>		